

SAQA ID	QUALIFICATION TITLE	NQF LEVEL	CREDITS	DURATION
SP211003	Community Counsellor	5	25	25 days

#### A. Quality Assurance Body

Quality Council for Trades & Occupations (QCTO)

#### B. Assessment Quality Partner

Health & Welfare Sector Education & Training Authority (HWSETA)

#### C. Qualification Overview

##### Purpose:

The purpose of this Skills Programme is to prepare a learner to function as a Community Counsellor. Community Counsellors provide knowledge on the theory behind physical and spiritual wellness, trauma, bereavement and strategies of supportive counselling to bring relief or mitigation of these and attain greater spiritual and mental wellness, both in one-on-one community counselling sessions and supportive community counselling and healing. A learner will be able to:

- Apply the theory and practice of structured methods of supportive community counselling and healing in denominational or non-denominational contexts.
- Select and apply causes, effects and supportive counselling strategies to address at least six different conditions, such as illness, bereavement, stress, depression, guilt, issues of youth, domestic and gender-based violence and abuse, substance abuse, crisis, trauma, etc.
- Apply advanced communication skills.
- Implement at least one structured supportive community counselling model.
- Establish, coordinate and facilitate the structure, organization and community support and healing group.

##### D. Exit Level Outcomes.

- Apply the theory and practice of structured methods of supportive community counselling and healing in denominational or non-denominational contexts.
- Select and apply causes, effects and supportive counselling strategies to address at least six different conditions, such as illness, bereavement, stress, depression, guilt, issues of youth, domestic and gender-based violence and abuse, substance abuse, crisis and trauma.
- Apply advanced communication skills.
- Implement at least one structured supportive community counselling model.
- Establish, coordinate and facilitate the structure, organization and community support and healing group.

##### E. Entry Requirements

The minimum entry requirement for this skills programme is:

- NQF level 4 related qualification

##### F. Skills Programme Modules

###### 1. Knowledge Modules

- Principles of Structured Supportive Community Counselling
- Methods of Structured Supportive Community Counselling

###### 2. Practical Modules

- Practical Methods of Supportive Community Counselling
- Facilitation of Community Counselling Support Groups and Group Healing Sessions

##### NB

All modules are compulsory

No requirement for workplace exposure.

### **G. Delivery Methodology**

- Face to face contact sessions at an approved QCTO venue
- Virtual support sessions

### **H. Assessment**

Assessment will comprise the following.

- Completion of formative and summative assessment tasks
- Completion of workplace logbook tasks
- Learner reporting to the QCTO
- Preparing learners for the Final Integrated Summative Assessment (FISA)
- Completion of a QCTO an approved FISA which will be conducted by VB Skills Development Institute

### **I. Certification**

The QCTO will issue successful candidates with.

- Statement of Results
- Certificate of Competence